



**Sponsored Ride and Stride  
Register of St/Riders and Guide for Welcomers**

Register of visiting St/Riders to	Church
City/Town/Village	

**Guide for Welcomers**

- Ride and Stride starts at 10am and ends at 6pm. Please try and have your church manned between these times.
- Please wear a St/Ride sticker. Any spare stickers can be used to stick up notices directing St/Riders to the church.
- Please ensure that there are spare sponsor forms and lists of participating churches available for St/Riders.
- You may be sponsored as a Welcomer. Please use the Ride and Stride sponsor form.

**For each sponsored St/Rider visiting your church, please:**

- On their sponsor form write the name of your church, the time of their visit and initial the entry.
- Ensure the St/Rider writes where they reside and the time of their visit on this register.
- Ensure all participants sign separately rather than as a group, couple or family.

Name	City/Town/Village where you live	Time	Name	City/Town/Village where you live	Time
1			16		
2			17		
3			18		
4			19		
5			20		
6			21		
7			22		
8			23		
9			24		
10			25		
11			26		
12			27		
13			28		
14			29		
15			30		

**Please e-mail the visitor numbers soon after the event to the Ride and Stride Administrator at [rideandstride@ohct.org.uk](mailto:rideandstride@ohct.org.uk)**

Total number of visitors from both sides of the form. Please note that sometimes more than one person is represented by each line.		e-mailed	Yes / No	Form Continues Overleaf
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Name	City/Town/Village where you live	Time	Name	City/Town/Village where you live	Time
31			64		
32			65		
33			66		
34			67		
35			68		
36			69		
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40			73		
41			74		
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55			88		
56			89		
57			90		
58			91		
59			92		
60			93		
61			94		
62			95		
63			96		

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Unless you are unable to e-mail the visitor numbers to the Ride and Stride Administrator, please keep this form for your records - there is no requirement to return it.